## Person & Family-Centred Outcomes of Palliative Care in BC

Informed by evidence, developed by consensus (2025)



BC Centre for Palliative Care



In 2024, BC Centre for Palliative Care convened an expert advisory panel of BC regional and provincial health authorities, along with healthcare providers, researchers and people with lived experience to develop recommendations for measuring palliative care outcomes in BC. This is in response to Health Canada's Framework on Palliative Care in Canada (2018), which identified developing and standardizing person- and family-reported outcomes and experience measures as one of its four priorities for action.

## Phase One answered this question:

What person- and family-centred palliative care outcomes do people with lived experience and their families and healthcare providers in BC agree are the highest priority ('Essential') to measure?

## Our method:

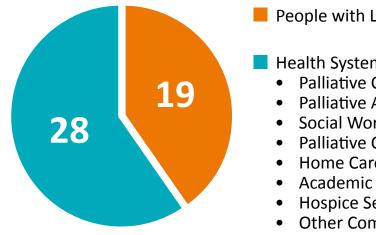
An environmental scan of current white and grey literature identified 30 person- and family-centred outcomes in 10 domains.

Using a Delphi process to facilitate consensus-building, we undertook 3 iterative surveys to identify the 'essential' outcomes.

Outcomes had to achieve 75% consensus as essential to be included.

**Essential** = completely necessary to measure in order to understand quality palliative care for people and their families.

## The Delphi expert panel included:



People with Lived Experience

- Health System including:
  - Palliative Care Clinical Nurse Specialists & Clinicians
  - Palliative Administrators & Leaders
  - Social Work & Spiritual Care Providers
  - Palliative Care Physicians
  - Home Care Clinical Nurse Specialists & Managers
  - Academic Palliative Care Researchers
  - **Hospice Sector Leadership**
  - Other Community Organization Representatives
  - Primary Care Family Physicians & Nurse Practitioners

To learn more, go to: www.bc-cpc.ca/palliative-quality-outcomes

