



Updates & Innovations in Essential Conversations for the Health Care Team

Topic: *Culturally Safe ACP*

Tuesday, February 6, 2024 12:00pm – 13:00pm PST

AGENDA ITEM	DISCUSSION	
<p>Introduction & Territory Acknowledgment</p>	<p>Culturally Safe ACP</p> <p>Welcome to all participants, and introduction of the presenter, and presentation outline. Participants are notified the session is being recorded.</p>	
<p>Overview Summary Presentation & Discussion</p>	<p>Presentation Summary</p> <p><u>Presenters:</u></p> <p>Dr. Amrish Joshi, MBBS, MSc. Pal Med, LLM, CCFP (PC), FCFP, FRCPC Medical Lead for QI, Richmond CoC. Palliative MD, Richmond Integrated Hospice Palliative Care Program</p> <p>Lara Musa, RN, MPHMSN, CHPCN(C) Palliative Nurse Educator Richmond Integrated Hospice- Palliative Care Team</p> <p>Session opened with a short overview on the ‘Gift A Pearl’ campaign from Amrish – Advance Care Planning and Advance Directives with members of the South Asian culture using the Serious Illness Conversation Guide.</p> <p><u>Learning Objectives:</u></p> <ul style="list-style-type: none"> • To explore the understanding and beliefs around Advance Planning and use of the Serious Illness Conversation Guide (SICG) for members of South Asian community when receiving palliative care. • The study will provide a timely contribution to better support palliative clinicians in providing more culturally sensitive and appropriate care when navigating the complexities of end-of-life care options. <p>GROUP DISCUSSION</p> <ul style="list-style-type: none"> • Who is making the decision and the best person to provide support for the individual and family? – logistics of communication. Using Pretzi, this comment is related to the cultural theme: Autonomy vs Paternalism – Family involvement is a major factor that influences ACP discussions. 	

	<ul style="list-style-type: none"> • Power dynamics within family hierarchy – There is the likelihood to arrange for a spokesperson in the family. ACP discussions and making medical decisions are influenced by hierarchical structures. Decisions tend to fall on the elders or the eldest child. • Maintaining Hope – There is an avoidance of discussion with older generations because of perceived harm. Not wanting the family member to lose hope. • Different Healthcare systems – Lack of awareness and presence of palliative care services /ACP conversations from country of origin does not happen. Decision making process varies between Canada and South Asian countries. • Client/ Patient Relationship – Autonomy is central in the west but in South Asian countries emphasis is on collective decision making with family. • Empowering patients who are not familiar with the Canadian healthcare system culture – New immigrants not understanding the patient-centered structure of the Canadian healthcare system • The Role of Faith – Religious beliefs impact ACP discussions • Fatalistic – Belief that things are pre-determined; ‘what will happen, will happen’. • Façade (The language of love)- Maintaining hope and deliberately maintaining a false reality despite declining health. It is a coping mechanism for family & patient but hinders conversation. • Acculturation- the longer living in Canada, the more comfortable having these conversations and happy to be involved in it especially with the younger generation. • Filial Piety- Sheltering the elders from upsetting news. This is fundamental to the family-centered structure of South Asian families. 	
<p>Session Materials and Additional Resources</p>	<p>Pretzi themes</p> <p>Case Studies</p> <p>Culturally Safe Advance Care Planning - LearningHub (phsa.ca) course on Learning Hub consisting of 3 modules: first gives background to ACP, second on culturally safe care and third Culturally Safe Advance Care Planning (with a focus on the Chinese & South Asian Communities in BC). These modules were developed as part of a two-year research-based project.</p>	<p>Session Recording is uploaded on the BCCPC’s YouTube page, link: https://youtu.be/YRplCUzJ1rA?si=FDX319rIMg7Ut38f</p>
<p>Closing</p>	<p>Next Essential Conversations for the Health Care Team ECHO session – March 5th, 12pm-1pm <i>Understanding SIC Implementation: Barriers and Facilitators</i> Register here</p>	

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