



BY
Pallium Canada

SIC ECHO Updates & Innovations Series

Serious Illness Conversations training for facilitators and clinicians: Bringing SIC to the dialysis unit using an interprofessional lens

Thursday, June 15, 2023

1pm-2pm PST, via Zoom

AGENDA ITEM	DISCUSSION	RESOURCES
<p>Introduction & Land Acknowledgment</p>	<p>Serious Illness Conversations training for facilitators and clinicians: Bringing SIC to the dialysis unit using an interprofessional lens, Dr. Christine Jones, MD CCFP(PC), Palliative Care Physician, Medical Director Victoria Hospice</p> <p>Learning Objectives</p> <ol style="list-style-type: none"> 1. Provide ongoing learning opportunities for those trained and championing SIC in their Health Authority or workplace 2. Increase connectedness between SIC trainers to network, support, and share resources 	
<p>Overview Summary Presentation & Discussion</p>	<p>Presentation Summary</p> <p>Introduction to the Centre and Presenter, Dr. Christine Jones. Participants are notified that the session is being recorded. Dr. Jones shared that she recently visited someone in Langford, and was called in for nausea and vomiting, and while the hook is the symptom, the serious illness conversation is incorporated during the visit.</p> <p>A case was presented and reflected on: Information Preferences, Prognostic Awareness, Hopes/Fears, Strengths, Critical Abilities, Tradeoffs, Family Awareness, Recommendation.</p> <p>Poll 1 Asked “who are we” Poll 2 “I care for patients on Dialysis” Poll 3 “I am comfortable asking the questions in a SIC scenario” Poll 4 “Which clinicians have a potential role in SIC” Poll 5 “Barriers to implementing SIC for patients on dialysis”</p> <p>In the PPT slides, some details were presented from a pilot study of the Serious Illness Conversation in a Dialysis Unit.</p>	

	<p>The planned breakout room discussion was instead held as a full group.</p> <p>Question 1 from the facilitator <u>When people ask about prognosis, what might people want or need to know about the future? What parts of the information might you, in your role, be able to provide?</u></p> <p><i>Responses in the group chat:</i> symptom management, discomfort, being a burden to others, quality of life, people want to know how much "good" time they have (but good is different for everyone), possible locations for end of life, patients asking what can I expect at the end, asking if it will be painful, worrying if they will become a burden, worried they will be abandoned, they want the assurance of not being abandoned, death anxiety.</p> <p>Question 1 from the facilitator <u>What solutions has your team come up with?</u></p> <p><i>Responses in the group chat:</i> improved registration with hospice programs, patients have been happier staying on the floor they are on when it can work and their team can accommodate and take care of them until the end and not be handed off to another unit.</p> <p>It was shared that in Penticton the HD unit is beside hospice; staff and patients who form close relationships go to visit each other. Families have shared with us how much they appreciate the care they receive from all of us.</p> <p>SIC is important with the ask/tell/ask skill embedded in the serious illness conversation. The living and dying begin to merge and with practice, patients can more easily come to merge living with dying.</p> <p>When documenting conversations, there's an arc in the patient's chart in the SIC space and the conversation and questions that can be asked change over time as we learn more about the patient's desires and values.</p> <p>Patients who have serious illness with quick declines and changes are very grateful for the conversations and reported it felt worthwhile, while patients who were still relatively well didn't find it so impactful.</p> <p>There are potential plans to do another SIC for September and November 2023.</p>	
<p>Closing</p>	<p><u>Next ECHO Session:</u> July 25, 2023, 11am-12pm, with Dr. Joshua Black</p> <p><u>Topic:</u> How to Best Support Bereaved People in the Post COVID 19 Era: Provincial Evidence-Informed Recommendations by Stakeholders in BC</p> <p><u>To learn more:</u> Visit the BCCPC ECHO session website page here</p>	<p>Link to post-session survey</p>