

Evaluation of a culturally and linguistically adapted Advance Care Planning sessions for Chinese and South Asian Communities in BC.

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To address the low uptake of ACP resources in culturally diverse communities, we culturally adapted its evidence-based community-led Advance Care Planning (ACP) education program for the Chinese and South Asian communities, the largest immigrant groups in BC. The program is composed of a training curriculum for peer facilitators, a toolkit of resources for facilitators, community organizers, and public participants, as well as access to coaching by ACP experts.

The adaptation project aimed to enable community-based organizations to deliver culturally adapted ACP sessions in English, Cantonese, Mandarin or Punjabi. Cultural adaptation and translation were conducted by working groups comprising members with subject-matter experience, and public partners from communities.

The adapted training and toolkit were piloted in two communities, refined based on the pilot results, and subsequently adapted for online delivery during the pandemic. Seventy facilitators from 28 community-based organisations have been trained to conduct culturally adapted online ACP sessions for South Asian and Chinese communities in the language they prefer.

The culturally adapted training, toolkit, and sessions were evaluated through a mixed-methods approach, collecting quantitative and qualitative data from trained facilitators and public participants.

In this presentation we will share the evaluation plan and results which indicate that our culturally adapted ACP education program is effective in enhancing levels of ACP awareness, knowledge and engagement motivation in the South Asian and Chinese communities and is culturally acceptable.