

**1.** What is something that always makes you smile?

---

---

---

---

---

---

**2.** What activities or routines make your day enjoyable? It can be things that you do alone or with other people.

---

---

---

---

---

---

**3.** What book, movie, piece of music, or artwork is meaningful to you, and why?

---

---

---

---

---

---

**4.** What is something you would like to do or experience in the future?

---

---

---

---

---

---

**5.** Are there cultural or spiritual practices that are important to you? If so, what are they?

---

---

---

---

---

---

**6.** What aspects of caring for your appearance and grooming are most important to you?

---

---

---

---

---

---

**7.** What does quality of life mean to you?

---

---

---

---

---

**8.** Think about what is more important to you – the length of your life or the quality of your life? What comes to mind when thinking about this question?

---

---

---

---

---

**9.** When you have to make decisions, who do you talk things over with?

---

---

---

---

---

**10.** How would you start a conversation with family or friends about changes in your health?

---

---

---

---

---

---

**11.** If someone had to make health-care decisions for you, what characteristics would you want this person to have?

---

---

---

---

---

---

**12.** If you were unable to make health-care decisions for yourself and someone else had to make them for you, what would you want this person to keep in mind?

---

---

---

---

---

---

**13.** If you needed help with your personal care, who would you be most comfortable with helping you? Personal care means things like brushing your teeth, grooming, bathing, and getting dressed.

---

---

---

---

---

**14.** To provide you with the best care possible, what would you like your doctors and nurses to know about you as a person? For example, your values, personal history or story.

---

---

---

---

---

**15.** What has been helpful about these questions? What might be your next steps?

---

---

---

---

---