

# Supporting a culturally considerate approach to Advance Care Planning conversations between clinicians and patients

## Authors

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## Abstract

### Context:

Advance Care Planning aims to help people get care that's right for them. Initiating Advance Care Planning conversations with patients allows healthcare providers to provide person-centred care. Yet, the literature indicates disparities among culturally diverse communities in rates of Advance Care Planning engagement. To address this, the BC Centre for Palliative Care developed an online learning course to help healthcare providers to demonstrate cultural competency and appropriate communication skills when conducting Advance Care Planning conversations with their culturally diverse patients, in particular patients with a Chinese or South Asian background.

### Intervention:

An online learning course was developed using information gathered from literature reviews, and from focus groups with members of the Chinese or South Asian communities. Three modules were developed:

- 1) Advance Care Planning - a refresher module about Advance Care Planning.
- 2) Culture's impact on care – this module explains how culture can impact care and the importance of becoming aware of the related cross-cultural views and traditions. This module applies to all cultures.
- 3) A Culturally considerate approach to Advance Care Planning - the final module provides an overview of the common as well as unique perspectives of the Chinese and South Asian cultures in relation to illness, care planning, decision-making, and dying. While the module provides healthcare providers a foundation of cultural competencies to build on, it emphasizes that each patient is unique and should not be stereotyped.

**Measurement:** The developed course will be evaluated through a survey with healthcare providers following course completion, and online platform analytics. Data will be available to present in early 2021.

### Lessons Learned:

Culture influences care planning and decision making, especially in our ever-expanding diverse country. Cross-cultural considerations in Advance Care Planning conversations initiated by clinicians can help their culturally diverse patients to get care aligned with their values, beliefs and wishes.

*Words: 299/300*

## Learner-centred objective

Following the presentation, participants will be able to:

- Describe the key components of culturally responsive care in the context of Advance Care Planning.
- Utilize the available online training module to learn how to conduct culturally responsive care with their patients with a Chinese or South Asian background.