

FIVE YEARS AT A GLANCE

Over the past five years, the BC Centre for Palliative Care has worked hard to help British Columbians living with serious illness achieve the best quality of life possible.

We have been successful in establishing collaborative working relationships with a large network of partners within the health system and in the community, across the province and beyond. Through this network we helped improve access to palliative services and mobilized citizens and communities to become more resilient and supportive for patients and families.

We helped create 51 new hospice beds in communities around BC and supported improvements to expand access to hospice spaces.

We enabled thousands of healthcare professionals to integrate the palliative approach and serious illness conversations into their routine care.

We are accelerating the uptake of best practices in the Palliative approach to care and Advance Care Planning in different care settings through partnership projects with BC Cancer, BC Renal Agency, BC Emergency Health Services and regional health authorities.

We have succeeded in developing and spreading innovative ideas and user-friendly resources to increase public awareness and uptake of Advance Care Planning including:

- **Our Hello Game and ACP Day Campaigns reduced stigma and stimulated conversations in communities throughout BC**
- **We trained hundreds of community volunteers and organizations and provided toolkits and coaching to organizations to enable communities to host Advance Care Planning sessions and empower people to advocate for care aligned with their wishes.**

We inspired and supported 68 Compassionate Communities' projects in urban, rural and remote regions. We made more British Columbians aware of the psychosocial issues and non-medical needs associated with aging and serious illness and helped communities to be well prepared to address these issues and support patients and families to live well at home.

Our partnership with academic researchers and institutions across Canada have enabled us to identify best practices, pilot promising innovations and rigorously evaluate our work.

The significant reach and remarkable impact of the Centre's efforts led to national recognition of our initiatives as innovative interventions that should be spread nationally.

The BC Centre for Palliative Care would like to offer special words of thanks to our healthcare and community partners, the IHSTS Board of Directors, the BC Ministry of Health and the patients and family members who participated in our advisory and working groups.

All have contributed to our success by enriching the BC Centre for Palliative Care with their valuable expertise, informative perspectives, and lived experience.

In the coming years, we will continue to build on this momentum of collaborative work and success. Our plan is to expand our research and practice networks and our reach to underserved populations such as First Nations and culturally diverse communities.

