

## Partnership opportunity - Seeking interested community organisations to host Advance Care Planning sessions for Chinese or South Asian community members

As part of our **Advance Care Planning Cultural Adaptations Initiative**, we are looking for partner organizations to spread our updated Advance Care Planning education model among South Asian or Chinese communities.

It doesn't matter if your organization hasn't provided Advance Care Planning education before, we will provide training and a toolkit of everything you need to host these sessions.

In this initiative we are adapting and translating our community-led Advance Care Planning education model to be more culturally appropriate for people with a South Asian or Chinese background, and translating it into Punjabi, Cantonese and Mandarin for those who would prefer one of those languages. This project is supported and funded by Health Canada.

*Advance Care Planning is a process of thinking and talking about your future health-care wishes with the people you trust. The goal is for you to get the care that's right for you, even if you're unable to speak for yourself.*

As such, **we are looking to partner with organisations that support South Asian or Chinese communities** and are interested in providing Advance Care Planning education for the community(s) that they support. This is especially (but not only) relevant for organisations that support seniors or people living with serious illness, chronic disease, or frailty.

**This would involve** 2 or more of your volunteers or staff **receiving our facilitator training** (in September/October 2020, delivered online due to the pandemic). We hope that you will then arrange to **host one or more Advance Care Planning sessions for your community** during 2020, to help your community members learn about Advance Care Planning so that they are more likely to get the care that is right for them in the future.

**We will provide** your organisation and trained facilitators with ongoing support in planning, hosting and evaluating the Advance Care Planning sessions. A certificate for the completion of training will be given to the trained facilitators and the partnering organization(s).

*Further details about the education model and facilitator training on the next pages.*

**If your organisation is interested in participating, please contact:**

- Chinese Cultural Liaison: Cynthia Ng [cng@bc-cpc.ca](mailto:cng@bc-cpc.ca) (English, Mandarin, Cantonese)
- South Asian Cultural Liaison: Nitin Kumar [nkumar@bc-cpc.ca](mailto:nkumar@bc-cpc.ca) (English, Punjabi, Hindi)
- Project Manager: Rachel Carter [rcarter@bc-cpc.ca](mailto:rcarter@bc-cpc.ca)

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## About our Advance Care Planning education model

Our Advance Care Planning education model has been demonstrated to be effective at supporting people in doing Advance Care Planning in the weeks following attendance at a session. **The sessions are delivered by volunteers or staff members from community non-profit organisations** (session facilitators). Facilitators do not need any previous training or education. They just need experience in group facilitation of some kind, and an interest in helping people with their Advance Care Planning. Our training and resources provide all the Advance Care Planning information.

[You can read more about how we know the model is effective here.](#)

This education model:

- aims to empower the public to advocate for care that is aligned with their wishes and help them get the care that is right for them.
- offers the partnering organizations and their facilitators the opportunity to relate to the needs of their communities and engage with the public in a proactive, health-oriented way.
- offers volunteers or staff-members the opportunity to give back to their community, and to develop their knowledge and skills.

To support the organisations and facilitators, we provide a toolkit that contains all the information and tools needed to plan, host and evaluate the Advance Care Planning sessions. We also offer ongoing support for both organisations and facilitators in the implementation of this education model.

## What kind of organisations is this model for?

Organisations that would be ideal for implementing this education model are organisations that:

- want to help members of their community get the care that's right for them.
- want to engage with their communities in a proactive, health-oriented way.
- want to promote *Compassionate Communities* - to help improve their community member's experiences of living with serious illness, caregiving, dying or grieving.

Organisations must be non-profits and be interested in better supporting South Asian or Chinese community members. Organisations don't need to exclusively support South Asian/Chinese community members.

## Who could be trained as a facilitator?

A facilitator could be a volunteer or a staff member from the participating organisation. The organisation needs to recruit people using the following selection criteria:

- Has interest/passion to educate others about Advance Care Planning
- Identifies as a member of the Chinese or South Asian community
- Has applicable language skills (Punjabi, Mandarin and/or Cantonese) is an asset
- Experience with group facilitation
- Familiarity with Advance Care Planning is an asset

To sign up as a facilitator, they must agree to complete the training requirements (see below) and to follow the content and key messages provided in the training.

## What's involved in the facilitator training?

- Completion of some pre-reading and an online training module about Advance Care Planning.
- Completion of a group training session about facilitating the Advance Care Planning sessions. This training will cover delivery of the Advance Care Planning sessions in-person and online.
- Provision of a toolkit of materials to fully support them in planning and delivery of Advance Care Planning sessions.

The group training session has previously been an all day in-person session. Due to the pandemic we are delivering this training online, in the form of multiple shorter sessions - the number and length of these sessions is still to be confirmed but will likely to be a total of approximately 6-8 hours over approximately 3 sessions. The group training is interactive and provides opportunities for trainees to practice the skills they have learned.