

# Advance Care Planning

## What is it?

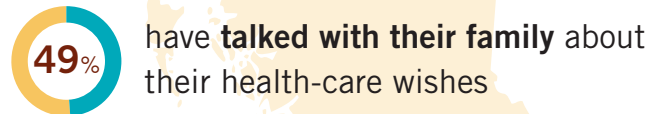
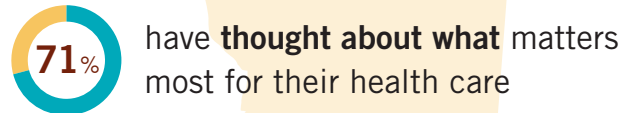
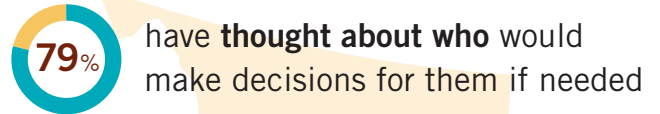
A process where you:

think about and share your values, beliefs and wishes, to

support informed health-care decision making that

can help you get care that's right for you

## Where are we now in BC?



But only **10%** have **talked with their doctor** about their health-care wishes

## How do we help people get care that's right for them?

### Barriers/Gaps

### Solutions

1

Lack of information about Advance Care Planning

Creating user friendly information and resources



2

People are waiting for their doctors to start the conversation

Helping health-care providers start the conversation



3

Limited documentation within the health-care system for patient goals and wishes

Supporting documentation in all care settings



# Helping people get care that's right for them

## Advance Care Planning (ACP) Initiative

December 2015 - June 2018

Barrier/Gap

Lack of information about Advance Care Planning

People are waiting for their health-care providers to start the conversation

Limited documentation with the health-care system for patient goals and preferences

Activities/Outputs

*Creating user friendly information and resources*

*Helping health-care providers have conversations*

*Supporting documentation in all care settings*

### Public awareness

- New My Voice Guide
- Community-led ACP public workshops
- Toolkit of ACP tools and resources
- Public awareness activities

### Provider education

- Training workshops for health-care providers
- Toolkit of ACP tools and resources

### Quality improvement

- Recommendations for provincial ACP-related policy
- Recommendations for ACP quality indicators

Outcomes

- **More** public awareness of ACP
- **Better** ACP information and resources
- **Earlier** engagement in ACP activities

- **More** skills in having ACP conversations
- **Better** integration of patient's goals and preferences into care plans
- **Earlier** conversations

- **More** consistency in ACP documentation, storage and data collection
- **Better** access to ACP documents when needed

Person-centred care for people with serious illness